



PonyXpress

SGMP-Sacramento Chapter Monthly Meeting Reminder

“Meeting Managers Manage the Money”

When you think about your next meeting or event, it’s probably safe to say that it is more fun to focus on where the event will occur, what will happen and what creative elements you can include to make it productive and memorable for everyone who attends. But lurking behind all of these decisions is the hard, cold reality of money! How much will it cost? How can I as a planner, develop, manage and control my budget? As a supplier, how can I assure the best interests of my property and still close this sale? And for both planners and suppliers, why do all the rules seem to change all of the time? Get the answers to these and other sticky financial questions at our January 9th meeting being held at the Clarion Hotel. Don’t miss this presentation: Meeting Managers Manage the Money.

Sharon Bock, CMP. She is owner/president of Leadership Dimensions, a full service convention and trade shows management company. She is a seasoned meeting professional with over 20 years of experience in the industry and is a past president of the Sacramento Chapter of Meeting Professionals International. Sharon has been teaching courses in the CSUS Meeting Planning Certificate program for over 10 years and serves as the technical advisory/faculty coordinator for the program.

- Date: January 9, 2003
- Time: 4:30pm – 6:30pm
- Place: Clarion Hotel

Kindly RSVP prior to meeting online at @ www.sgmpsac.org



Our guest presenter will be

<i>A Look Inside</i>	<i>Page</i>
Meeting Managers	1
President's Message	2
Holiday Charity	2
Treasurer's Report	2
SGMP Press Release	3
Save the Date!	4
Exhibit Space Application	5
Breast Cancer Walk	6
October Meeting Review	7
Chapter Elections 2003-05	8
Experience as a Committee Member	8
Board Officers & Directors	9
Johnna Meyer CMP pp	
Scholarship Opportunity	10
Membership Report and Upcoming Drive	10
Johnna Meyer, CMP Education Conference Scholarship Application	11
SGMP New Planner/Supplier Highlight	13
November Chapter Meeting Review	14
Cooking: Portuguese Scallops	15

**President's Message
Season's Greetings
by Wendi Williamson**

It is hard to believe that the Holidays are here again already. The end of one year and the beginning of another are always such busy times for all of us. I hope that many of you are planning to attend our annual holiday meeting on December 4th at the Red Lion. This is a great time to catch up with old friends, make some new ones and support our local community charities. One of the many things I have always admired about SGMP is what a big heart the organization has. The National Organization supports a charity in the host city of the Annual Education conference. Chapters all across the Nation fundraise and support local charities throughout the year. I am very proud of the Community

Involvement Committee for their efforts in researching and selecting two charities to support. (see article below) It is important to keep in mind that even in our time of budget cuts and workforce reductions, there are many people much less fortunate than we are.

So, as we say good-bye to 2002 and welcome in 2003, lets hope we have all learned something new this year about our friends, families, co-workers, business associates and ourselves. Our Sacramento Chapter is a wonderful family that continues to evolve and mature. Along with the Board of Directors, we wish you all a healthy and prosperous new year.



**December Holiday Charity
by Raquel Correa**

*December 4, 2002
4:30 pm - 6:30 pm
Red Lion Hotel Sacramento
1401 Arden Way
Sacramento, California
916-649-4754*

Our chapter will be sponsoring two charities this year:

1. Del Paso Elementary School- we will use the proceeds from any monetary donations collected to purchase the "wish list" items for the Teachers' use in the classrooms at Del Paso Elementary.
2. Camellia Senior Center-

please bring sundries (lotions, soap, shampoos, etc), packaged food items (hot chocolate, pastries, hot cereal, cookies, candy, etc) for care packages we will be putting together.

We are asking for a donation of:

- \$5.00 Planner members
- \$10.00 Supplier members
- \$25.00 non-Supplier members.

We look forward to sharing Holiday Cheer with of all of you at our December meeting and anticipate a wonderful opportunity to give during this Season of Giving.

Any questions contact Raquel Correa at (916) 445-5447 or email correa@ospd.ca.gov

**From the Treasurer
Janeen Mennealy**

The following reflects the Sacramento Chapter of SGMP Treasury balances as of September 30, 2002:



Checking Acct/Operating Account	\$23,533.10
Money Market Account	\$ 3,770.24
Total Balance of Chapter Funds	\$27,303.34



PRESS RELEASE

FOR IMMEDIATE RELEASE

CONTACT:

Mr. Carl C. Thompson
Executive Director
Society of Government Meeting Professionals (SGMP)
908 King Street
Alexandria, Virginia 22314
(703) 549-0892
sgmpinfo@worldnet.att.net

SGMP Selects sites for 2005 Annual Education Conference

ALEXANDRIA, VIRGINIA – November 19, 2002 - The Society of Government Meeting Professionals (SGMP) has made a final selection on the city and host hotels for the 2005 Annual Education Conference.

The 2005 (SGMP) Annual Education Conference will be held May 18-22, 2005 in the city of Sacramento, California. The conference headquarters hotel will be the Sheraton Grand-Sacramento.

As previously announced, the 2003 SGMP Annual Education Conference will be held in at the Rosen Centre Hotel, Orlando, Florida May 21-25, 2003. The 2004 SGMP Annual Education Conference will be held at the Gaylord Opryland Conference Center and Resort in Nashville, Tennessee May 26-30, 2004.

Further information regarding SGMP and future conferences may be obtained at www.sgmp.org (web) sgmpinfo@worldnet.att.net or by calling 703-549-0892.

Save the Date!

SGMP Sacramento Chapter

Annual Education Conference and Tradeshow 2003

Maximize Your Potential as a Government Meeting Professional

Date: Feb. 6, 2003
Place: Doubletree Hotel
2001 Point West Way
Sacramento, CA 95815
Time: Conference 8:30 am – 4:00 pm
Tradeshow & Reception 4:00 pm – 6:00 pm

SGMP Sacramento Planner Members	No Cost
SGMP Affiliate Planner Members	\$25
SGMP New Planner Members	\$75 (price includes 1 year membership)
Non-Exhibiting Supplier	\$100

On-line registration for planners and non-exhibiting suppliers will be available www.sgmpsac.org

If you are interested in working on the Education Conference committee, please contact Wendi Williamson wwilliam@aging.ca.gov or Janice Hayden haydenj@csus.edu

Sponsorship Opportunities Available

Bronze	\$100	Business card size ad
Silver	\$250	¼ page size ad
Gold	\$500	½ page size ad

Sponsorship money will be used to offset costs of breakfast, lunch, and a reception. Sponsors will be acknowledged in printed conference material and in the chapter newsletter. Specific advertising information will be provided.

Tradeshow Tabletop Booths Available

Registration fees cover one person per booth, the day's activities, and one set of planner mailing labels. Each tabletop booth includes (1) 6' draped table.

	Prior to 12/30/02	After 12/30/02
SGMP Supplier Members	\$375	\$475
MIC Supplier Members	\$425	\$525
Non-Member Suppliers	\$575	\$675
Additional person in booth	\$100	\$100

For more information on the Tradeshow, contact Brad Charlesworth brad.charlesworth@redlion.com or Julie Verduzco jverduzco@sunstonehotels.com

Tradeshow registration forms will be available on-line at www.sgmpsac.org

**Trade Show Theme: "Building Relationships with Government Planners"
EXHIBIT SPACE APPLICATION AND CONTRACT**

Of Booths Reserved _____ **# Of Exhibitors in Booth(s)** _____

EXHIBIT CONTACT(S):

Company _____	Company _____
Contact Name _____	Contact Name _____
Title _____	Title _____
Address _____	Address _____
City _____	City _____
State _____ Zip _____	State _____ Zip _____
Daytime Phone _____	Daytime Phone _____
E-mail _____	E-mail _____
Fax _____	Fax _____
SGMP Member # _____	SGMP Member # _____

By submitting this Exhibit Space Application and Contract, we request space in the Sacramento Society of Government Meeting Professionals (SGMP) Annual Tradeshow, Thursday, February 6, 2003 in Sacramento, California. We agree to pay Sacramento SGMP for said space in accordance with the terms and conditions outlined herein and understand that, once accepted by SGMP, this document, including the information enclosed, constitutes a valid and binding contract between my company and SGMP. We agree to comply with all instructions and information as set out herein.

I, the duly authorized representative of the above named company, on behalf of the said company, subscribe and agree to all the terms, conditions and authorizations and covenants contained in the Exhibit Space Application and Contract and the instructions set out in these two pages. I understand that my payment is non-refundable.

Complete this contract in full, sign and return with your check (made payable to SGMP) to:

Brad Charlesworth
Red Lion Hotel Redding
1830 Hilltop Drive
Redding, CA 96002
Phone (530) 224-6611
Fax (530) 224-6629

SGMP only
Date Received _____
Check # _____
Check Amount _____ Booth # _____

Signature _____ **Date** _____

- () Please register me for the workshop, breakfast and luncheon
- () I will not be attending the workshop, breakfast and luncheon (exhibiting only)
- () I am interested in being a sponsor. Please contact me with available opportunities.

I would like to donate the following door prize _____

SGMP Breast Cancer Walk

by Amanda Bedal and Wanda Headrick

On Sunday, October 20, 2002, numerous members of SGMP, along with family and friends, participated in the 6th Annual Making Strides Against Breast Cancer Walk. Among the group were people from UC Davis, UC Sacramento, Yolo County Courts, and Sacramento Probation. In addition, several state agencies were represented including; Department of Conservation, State Public Defender, Department of Aging, Department of Finance, and the State Controllers Office.

We raised a total of \$883.00, which included the raffle money from September's meeting. All of the money collected for the walk was donated in memory of Dewey Jones, a long-time member and supporter of the Sacramento Chapter of SGMP.

Our donations and support for the American Cancer Society fights breast cancer through research, education, advocacy, and patient services.

We look forward to another great turnout for next years walk. If you would like to participate next year and are not able to walk the course, you can volunteer to work at one of the booths or cashiering for the money collected.

Thanks again to everyone who either walked or donated to this event. We look forward to your participation again next year.





NEWSLETTER CONSTRUCTION ZONE



Your Sacramento Chapter Pony Xpress Newsletter will be going into a new construction period where you can look forward to some new and exciting changes.

- You will meet the new Editor and Chair, Rick Leson, Palm Springs Riviera, and Emily M. Young-Schroeder, California Department of Aging.
- We will have fresh, new columns (e.g. *Ask Emily*)
- Introductions of new members with pictures
- Get to know your chapter members
- CMP puzzles
- Highlights of special members who are doing great things in our community
- Chapter announcements



October Chapter Meeting Review

Our October 3, 2002 Monthly Meeting ‘kicked-off’ our educational endeavors for the year of providing our Membership with Tools For the Government Professional: Going From Theory To Application. We handed out binders and our program content was "Setting Meeting Goals and Objectives" as this is the first chapter in the CIC Manual.

George Smith, CPF was our speaker and he is a meeting planner with Summit Consultants as well as the Immediate Past President of the Atlanta SGMP Chapter. George taught us the importance of preplanning

and developing a program which will appeal to the entire audience. A special Thank You to George for sharing not only his time with us, but also his knowledge!

The meeting was held at the Radisson Sacramento. We also extend our appreciation to the Staff and Management of the Radisson for providing the venue and the reception for our meeting.



Chapter Elections for 2003-2005

by Gloria Anderson

Chapter Elections will be completed prior to the May 2003 Chapter meeting. The newly elected Board will serve a 2-year term from July 1, 2003 through June 30, 2005. The installation of officers will be at the June 2003 Chapter meeting.

The process and timeline for the election are as follows:

- Gloria Anderson, Immediate-Past President, serves as the Election Chair along with a committee of at least 2 chapter members. (Send Gloria an email if you'd like to serve on this committee – gloria.anderson@dgs.ca.gov).
- Gloria announces in the PonyXpress and via email to members the election process and all deadlines.
- Gloria calls for nominations in the January newsletter and via email to members. Estimated deadline for nominations is February 14th.
- The Election Committee verifies the eligibility of all nominees. Note: All nominees must be members of the Sacramento Chapter in good standing for at least 1 year.
- If there is only 1 nominee for each office, the election will be done by voice at a Chapter meeting.
- If there is more than one nominee for any office, there will be a ballot. Nominees will be asked to submit written biographies by a specified deadline (approximately February 28th).
- Ballots and candidates biographies will be mailed to all current Chapter members (retired and student members do not vote).
- Ballots will have a mandatory postmark date of approximately March 17th.
- Candidates will be invited to present their qualifications and goals for the Chapter at the March meeting.
- Election committee meets to tally returned ballots and sign and date the tally forms.
- Gloria notifies all candidates by telephone and officially by letter of the results.
- Announcements to the membership are made via email and at the next Chapter meeting.

Throughout the election process, Gloria and the Election Committee will follow the National SGMP election campaign policy to ensure a fair and equitable election campaign. All candidates will be invited to participate in the direct mailing of biographies, email messages, and at the March meeting. All candidates will receive a copy of the National SGMP election campaign policy.

If you have any questions about the upcoming election, contact Gloria at 916-375-4936 or via email at gloria.anderson@dgs.ca.gov

My Experience as a Committee Member

by Mona Fernandez

This article is to express my experience as being an active participant of SGMP. Prior to being involved in committees, meetings, etc., I was “clueless” of all the resources that SGMP has to offer its members. I am currently on the Registration/Hospitality Committee and serve and assist on other committees, as needed.

Being part of the Registration/Hospitality Committee has enabled me to meet my co-members and greet new potential members and guests. I have the opportunity to talk with and become familiar with my fellow SGMPers. I've connected and networked with many different people and have established some new friendships and always meet new interesting people. As the first point of contact, this Committee is committed to offering the warmest welcome to our members and guest each month and have fun doing it! I am enjoying my participation on this committee and look forward to serving on others.

I encourage all new members to get involved and old members to stay involved!

Board Officers and Directors

In January, you will receive election information. Will you step forward and run for a Board position? Do you know what's involved in serving on the Chapter Board? The Board encourages every member to better understand what it is all about – the value to you personally and professionally – when you serve on the Board. Please ask any current Board member to tell you their position on the Board and their experiences.

Duties of Officers:

President – The Office of the President must be filled by a Government Planner. The President presides at all meetings of the Chapter and serves as an ex officio member on all committees. In the Treasurer's absence, the President is authorized to sign disbursements. The President performs such other duties as are necessary incident to the office, or as may be prescribed by the Chapter Board.

First Vice-President – The Office of the First Vice-President must be filled by a Government Planner. The First Vice-President serves for the President in the absence of the President or when so requested by the President. The First Vice-President assumes the duties of the President in case of resignation, death or other cause. The First-Vice President serves as the liaison to a Chair of a major committee and oversees the discharge of the duties of that committee. The First Vice-President performs such other duties as are incident to the office or as may be prescribed by the Chapter Board.

Second Vice-President – The Office of the Second Vice-President must be filled by a Supplier or Contract Planner. The Second Vice-President serves for the President in the absence of the President and First Vice-President, or when so requested by either the President or First Vice-President. The Second Vice-President serves as the liaison to the Chair of a major committee and oversees the discharge of the duties of that committee. The Second Vice-President performs such other duties as are incident to the office or as may be prescribed by the Chapter Board.

Secretary – The Office of Secretary may be filled by a Government Planner, Contract Planner or Supplier. The Secretary records the proceedings of Chapter Board meetings and maintains general correspondence files. In addition, the Secretary maintains a log of the voting actions of the meetings and acts as the Chapter's archivist. The President ensures the Secretary receives the "Format for Minutes". The Secretary serves as the liaison to a Chair of a major committee and oversees the discharge of the duties of that committee.

Treasurer – A Supplier, Contract Planner or Government Planner may hold the Office of Treasurer. The Treasurer ensures that accurate financial records are kept in accordance with standard accounting procedures, and is responsible, in conjunction with the President, for the safekeeping of funds in such depositories as are approved by the Chapter Board. The Treasurer submits a written report on the financial standings of the Chapter monthly or when called upon by the Chapter Board or President. The Treasurer shall be the principal signatory on all disbursements. The President ensures that the Treasurer receives the Chapter Treasurers' Handbook and forms provided in the CP Handbook. The Treasurer serves as the liaison to the Chair of a major committee and oversees the discharge of the duties of that committee.

Directors – Directors may serve as Committee Liaisons and perform all duties and related functions as directed by the Chapter Board. They may be Government Planners, Contract Planners or Suppliers (see Note below). Duties include: querying the general membership and provide input to the Chapter Board; act as representatives for the opinions of the general body; welcome committee at monthly meetings to demonstrate a professional and friendly organization; Chair and/or participate on designated committees and solicit general membership participation for those committees. There are telephone calls, emails and other administrative duties required to fulfill the duties of all offices.

Note: *There is limited flexibility in the membership categories of Chapter officers as long as the mandatory balance between meeting planner and supplier representation is maintained. For instance, if the Secretary position is filled by a Supplier and the Treasurer position is filled by a Government Planner, the balance on the Chapter Board would be maintained. However, if the Treasurer and Secretary positions are both filled by a Supplier, then only ONE of the Directors elected could be a Supplier, because the Chapter Board would be at the maximum of four Supplier officers. The remaining positions would have to be filled by Government and Contract Planners.*

Membership Report and Upcoming Drive by Gloria Anderson

Current Membership is:

48% Planners
52% Suppliers

Total Membership is 230 members

Until the number of planners equals 50%, the Chapter will continue to require every new supplier member to submit their membership application with the names of 2 new planner members. You can help the Chapter achieve the required 50% of planners by:

1. Obtain application packets at the Membership Table at Chapter meetings. Suppliers can give them to government meeting planners during cold calls or at other meetings with planners. Government planners give them to your co-workers. (Please be sure to write your name on the application as the person sponsoring this potential new member.)
2. Send the names and addresses of potential new planner members to Gloria Anderson via email (gloria.anderson@dgs.ca.gov) so the Membership Committee can mail an application packet to them. (The Membership Committee will put your name on the application as the person sponsoring this potential new member.)

When you do either of the above and the planner joins the Chapter, your name will be entered in the upcoming Membership Drive Drawing. The more members that you sponsor the more chances you will have to win.

More information on the Membership Drive will be provided once specific details are finalized. This is the time, however, to reach out to potential planner members and invite them to join the Chapter at the Educational Conference in February where their registration fee will include 1 year's membership in SGMP. Please visit the Membership Committee at our Membership Table at Chapter meetings to share ideas for the Membership Drive or send them to Gloria Anderson at gloria.anderson@dgs.ca.gov



Johnna Meyer, CMP Scholarship Opportunity

By: Wendi Williamson

It is with great pleasure that the Sacramento Chapter is able to offer qualified chapter members the opportunity to attend the National Annual Education Conference by earning a scholarship. The 2003 conference will be held in Orlando Florida on May 21-25. The scholarship criteria are enclosed and the applications are due January 31, 2002. Scholarship recipients will be notified the second week of February.

The experience of attending an SGMP National Conference is incredible! Members representing many states in the Nation come together for education, networking opportunities, and more fun than you could possibly imagine. I have never seen an organization like this where no one is a stranger. I was so fortunate to be able to attend the 1997 National Conference in Long Beach the first year I joined the Sacramento Chapter. I really did not know even the Sacramento chapter members. In those, few days in Long Beach I saw up close what the SGMP family is all about. On the last day, I found out that the Sacramento chapter had a scholarship program to assist with the expenses of attending a National Conference. I was encouraged to get involved and apply for a scholarship. Well the rest is history; I earned a scholarship to the 98 and 99 National conference and became a board member. By the way one of the first people I met on a shuttle bus from LAX is now the President and founder of the Wild West Chapter. The great times that I have had making new friends and experiencing new opportunities by attending the National conference out weighs the hard work.

Take a look at what you have done for the chapter this past year, and please fill out your application. What have you got to lose? In case you are wondering, earning your way to the 2004 conference in Nashville begins January 1, 2003.

Johnna Meyer, CMP Education Conference Scholarship Application

Eligibility Criteria:

To be eligible for a scholarship you must meet the following criteria:

- You must be a current member of the Sacramento Chapter of SGMP.
- You must have attended a minimum of six Sacramento Chapter meetings during the last 12 months, January 2002-December 2002.
- You must have actively performed committee work during the last six months prior to application due date.
- You must share your experience from the workshops you attend at the National Education Conference by writing an article for the Pony Xpress Newsletter and/or making a presentation at a scheduled Sacramento Chapter meeting by August following the National Conference.
- You must participate at the National Conference by working one of the following: Silent Auction, Banquet ticket exchange, moderate workshop, etc.

Selection Criteria: Selection will be made using a point system. Points are specified with the criteria on the application below.

Name: _____ Title: _____

Phone: (____) _____ Fax: (____) _____ Email: _____

Company: _____ Address: _____

SGMP Membership #: _____ Sacramento Chapter Member Since: _____

II request that the Sacramento Chapter pay (or reimburse) my (indicate \$ amount requested):

Registration \$ _____ Train/Airfare* \$ _____ Hotel** \$ _____

Other (specify)\$ _____ (*restricted times / **shared accommodations only)

Chapter/National Participation:

1. Chapter Education Program Presentation(s) 20 points Date: _____ Subject: _____
2. Committee Participation: 15 points Committee: _____ Activity: _____
Committee: _____ Activity: _____
3. Community Service: 10 points Date(s): _____ Program(s): _____
4. Newsletter Articles: 15 points Date: _____ Article: _____
Date: _____ Article: _____
5. February Workshop 20 points Activity: _____
6. February Tradeshow 20 points Activity: _____
7. Silent Auction 20 points Activity: _____
8. Monthly Raffle 5 points Date: _____ Item(s) _____
9. Recruitment 5 points(ea) Date: _____ Member: _____
Date: _____ Member: _____
Date: _____ Member: _____
10. National Newsletter Article Published 10 points Date: _____ Article: _____
11. National Conference Committee 10 points Date: _____ Committee: _____

Continued from Page 11

Explain why you would like to attend the National Education Conference (i.e. job skills enhancement, working toward your CMP, CHSE, or other professional certification, etc.).

Explain how your own organization will benefit from your attendance. Please indicate if your organization can pay any portion of your expenses.

Explain how the Sacramento Chapter will benefit from your attendance at the National Conference (i.e. serve on the Board, Chair a major committee [specify your 1st and 2nd choices of committees], etc.).

Signature

Date

Fax this completed application to the Chapter Scholarship Committee at (916) 278-5257 (24 hrs). Any questions related to the application process should be directed to Janice Hayden, Scholarship Committee Chair, via email haydenj@csus.edu
Applications may be mailed to:

SGMP Sacramento Chapter: P.O. Box 188204, Sacramento, CA 95818
Applications must be postmarked on or before January 31, 2002

Scholarship recipients will be notified about the 2nd week of February.

SGMP New Planner / Supplier Highlight

Each Issue of the PonyXpress we will introduce a new Planner or Supplier Member to the Sacramento Chapter of SGMP.

1. **Name:** Greg Christman
2. **Title:** Account Executive
3. **Business (Hotel / Govt. Agency Name):** Resort at Squaw Creek
4. **Age (optional):** 26
5. **Status (Married / Single / Involved):** Single
6. **Personal History:** : I was born and raised on Long Island, New York. After graduating from college, I went on to work in Manhattan for Lehman Brothers. It was a great experience, but after a year of the “rat race”, I was ready to see some more of the country before settling down. I packed my truck in September of 1999 and headed west. After visiting Lake Tahoe, I thought it would be a great place to spend a winter and make a little money. I have been here ever since. My family still resides in New York.
7. **Personal Interests:** I live in Lake Tahoe, therefore, recreation is a big personal interest. I ski and snowboard as much as possible in the winter. In the summer, I mountain bike, hike, swim, explore, camp, surf and travel (although finding time to travel has been hard to do this past year). In spring of 2002 I started competing in Triathlons. I placed very well in some major competitions and finished my first Ironman triathlon in September. Training has taken up a lot of my personal time, but it has been very rewarding!
8. **How long have you been with your Hotel / Govt. Agency?** Over 3 yrs
9. **When did you become a member of SGMP?** April 2002
10. **How do you feel the membership benefits you?** Membership in SGMP Is very beneficial! The relationships I have built and knowledge I have gained in regard to meeting planning and the government market have been irreplaceable. However, lets not forget why SGMP is so great, it’s all the wonderful people. The cost of membership is very low compared to the benefits for both planners and suppliers. Each month I look forward to coming to the meeting!
11. **Future goals?** Professionally I am looking forward to gaining sales manager status and additional market share. Personally, I am hoping to qualify for the 2003 Ironman Championship in Kona, Hawaii and realize my potential as a tri-athlete in the Olympic Distance races. Who knows, maybe I will be pro in the next year or so.



November Chapter Meeting Review

On behalf of the Board of Directors, a huge thanks to all of our Chapter members who put on their rain boots, hats, gloves, scarves and muffs, and braved the rainstorm in order to attend the November 7th, 2003 SGMP Sacramento Chapter Meeting! Donna Carey, National SGMP President and Sacramento Chapter member, shocked us all with her announcement that the 2005 Annual Conference was coming to Sacramento. Yikes!!!

While the news was shocking, we were not shocked at the tremendous professionalism of the Rancho Cordova Marriott. The hotel did an outstanding job of welcoming the SGMP Sacramento Membership to their property. They were truly stellar hosts. The food and beverage was awesome, everything from the cheese platters, pasta stations and dessert were all first rate. Hats off to the MARRIOTT RANCHO CORDOVA!

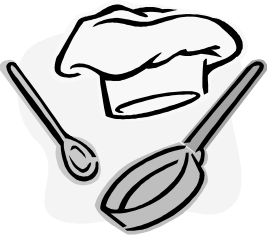
In addition to the awesome food and beverage and tremendous hospitality, Theresa Richardson, CMP, presented an outstanding "Building Program Content" presentation. She did an incredible job by giving us all highly interactive situations to help build our own meeting content. This was our second phase of our educational journey of taking our education from theory to application.

Theresa's presentation involved dividing the room up into groups. In our individual groups, we then worked on the different types of formats meeting professionals utilize when developing program content. We implemented the guidelines set forth by the Conventions Industry Counsel, which is the governing body of the meetings industry. It was a true learning and bonding experience. Thank You Theresa!

We would be remiss if we did not take a moment to thank Carla Slink, our meeting moderator. Carla did an excellent job of introducing our guest speaker and sharing with us many of Theresa's accomplishments throughout her career.

Once again thank you to everyone who joined us at our October meeting. It is remarkable to see the bright ideas coming to life. This is truly a reflection of the hard work and dedication of the chapter membership. If you are interested in presenting a meeting topic or being a meeting moderator please do not hesitate to get in touch with a board member. As always, your help is greatly appreciated.





ARE YOU READY FOR SOME COOKING?

Just in time for all of those cooking chores that comes with the Holiday Season, the first-ever *SGMP-Sacramento Cooks!* Cookbook is ready to be presented at the December chapter meeting. With over 250 recipes in 13 categories to choose from, there are plenty of dishes to delight SGMP members for many Holidays to come. In addition to the many recipes, you will find cooking tips and helpful hints. As a teaser, I've included one below (*PORTUGUESE SCALLOPS*) that you may like.

As a chapter fundraiser, a low price is planned for each cookbook so that you can purchase several for gifts. If you are unable to attend the Chapter meeting on December 4, please contact Kit Gonzales at smgb@consvr.ca.gov for pricing and shipping details.

I hope you find this cookbook as much fun to use as I did in putting it together. I'd like to thank the many contributors for their time and efforts in submitting such a variety of recipes.

-Kit Gonzales, Editor

Portuguese Scallops

- 10 large scallops
- ½ tsp. salt
- ½ tsp. pepper
- 1 tbsp. olive oil
- 1/3-cup port wine
- 1 tbsp. lemon juice
- 1/8-cup chopped parsley (dried can be used)
- 3 garlic cloves
- White rice

Sprinkle scallops with salt and pepper. Heat oil in skillet* until very hot - add scallops. Cook 2 minutes each side (slightly brown). Remove from pan. Add port wine, lemon juice, parsley, and garlic and sauté for about a minute. Add scallops back to skillet and then serve over rice. Sprinkle with left over parsley. Serves 2.

* Can also be done in non stick pan – at lower heat.



Sacramento SGMP Board of Directors:

President:
Wendi Williamson

1st Vice President:
Janice Hayden

2nd Vice President:
Sal Bonnello, CMP

Secretary:
Raquel Correa

Treasurer:
Janeen Mennealy

Director:
Julie Verduzco

Director:
Richard Leson, CMP

Director:
Marie Ziegler

Immediate Past President:
Gloria Anderson

Web site:
<http://www.sgmpsac.org>

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SGMP PonyXpress
P O Box 188204
Sacramento, CA 95818

Webmaster:
Guy Bennett
webmaster@sgmpsac.org
All comments are welcome on the newsletter and should be directed to Guy Bennett.



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